

VIDYASAGAR UNIVERSITY

A Project Work
On

A Comparative Study on Health status between
hypertension and normal male (35-
45years), Bhagwanpur 1 and Nunhand; purba
Medinipur

This project work is submitted for the partial fulfillment for the award of
degree of B.Sc. (Hons) from Vidyasagar University



Submitted by

Arpita Jana

Roll: 1125129 No.:210121

Regn. No.: VU211022703 of Session: 2021-2022

Dept. of Nutrition

Mugberia Gangadhar Mahavidyalaya
Bhupatinagar, PurbaMedinipur;Pin-721425

Supervised by -

Prof. Pranati Bera

Guest lecturer, Dept. of Nutrition

MugberiaGangadharMahavidyalaya

EXAMINED

Dept. of Nutrition
Mugberia Gangadhar Mahavidyalaya

Mugberia Gangadhar Mahavidyalaya

Bhupatinagar :: Purba Medinipur

West Bengal :: India

Email: mugberia_college@rediffmail.com

NCTE Recognized & NAAC Accredited with CGPA 2.71 Institution

<http://www.mugberiangangadharmahavidyalaya.org>



This is to certify that Mr./Miss. Arpita Jana
Roll 1125129 Number 210121 a **PG / UG** student of
SEM V, Department of Nutrition has
successfully completed a dissertation / project entitled ... A Comparative
Study on Health Status between Hypertension
and Normal Male (35-45 years)
for the paper ... CC-12P ... in the year ... 2023-24

Date :



Apul K. Sin
19/04/2024

Signature of HOD

Head
Dept. of Nutrition
Mugberia Gangadhar Mahavidyalaya

S. Sin

Signature of Principal
Principal

Mugberia Gangadhar Mahavidyalaya

Mugberia Gangadhar Mahavidyalaya

Dept. of Nutrition

PO-Bhupatinagar, Dist-PurbaMedinipur
West Bengal; Pin-721425
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TO WHOM IT MAY CONCERN

This is to certify that Arpita Jana (Roll: 1125129 ; No.: 210121; Regn. No.VU211022703 of Session: 2021-2022) a student of B.Sc. Part -III, Dept. of Nutrition, under Vidyasagar University, Paschim Medinipur, has completed her project work under my guidance on the topics 'A Comparative Study On Health Status Between Hypertension Male & Normal Male (35-45 Years) At Bhagwanpur - I Block Area' for the partial fulfillment for the award of degree of B.Sc. from Vidyasagar University.

I am satisfied for her performance. She is energetic and up to date in her work. I wish success in her life.

Date: 20/02/2024

Pranati Bera
(Prof. Pranati Bera)
SACT Teacher
Dept. of Nutrition
Mugberia Gangadhar Mahavidyalaya

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Vocabulary finds no appropriateness to express my heartfelt love and thanks from the very core of my heart to my classmates and juniors for their constant encouragement and help throughout the study.

Date: 20/02/2024

Arpita Jana
(Arpita Jana)

A Comparison study on Health Status between Hypertension Male and Normal Male.

ABSTRACT

In family needs in everyday life; housekeeping and maintaining the family members; and who is employed outside the home. In the present study a survey was conducted to compare health status between hypertension male and normal male. The survey was carried out at Bhagwanpur-I block area, Purba Medinipur, West Bengal. The data was collected for hypertension male (n=15) and for normal male (n=15). The man whose occupation is running or managing her family members; official work, meson, and arrange food for the family. The survey was found that different measurements like height, weight, blood pressure, pulse rate, waist and hip circumferences, body fat (from biceps, triceps by measuring skin fold thickness) were carried out. It was found that there was no significant ($p>0.05$) differences in body mass index, waist hip ratio, pulse pressure, pulse rate, triceps and biceps between hypertension male and normal male. But it has noticed that systolic pressure, diastolic pressure are significantly ($p<0.001$) high in hypertension male and normal male. The hypertension male 0.15% diabetes and normal male 0.45% diabetes diseases suffering.

Keywords: Hypertension, Health, Comparison, Body mass index, Waist-hip ratio, Disease.

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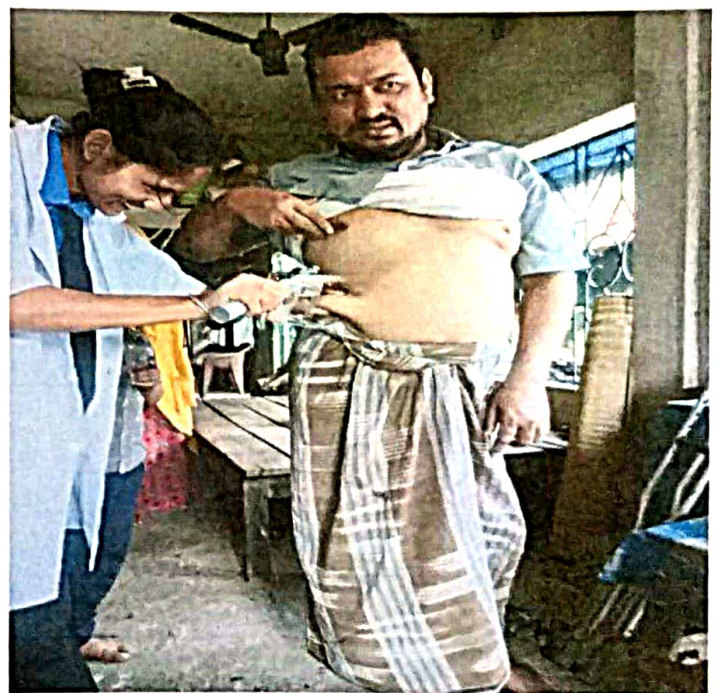
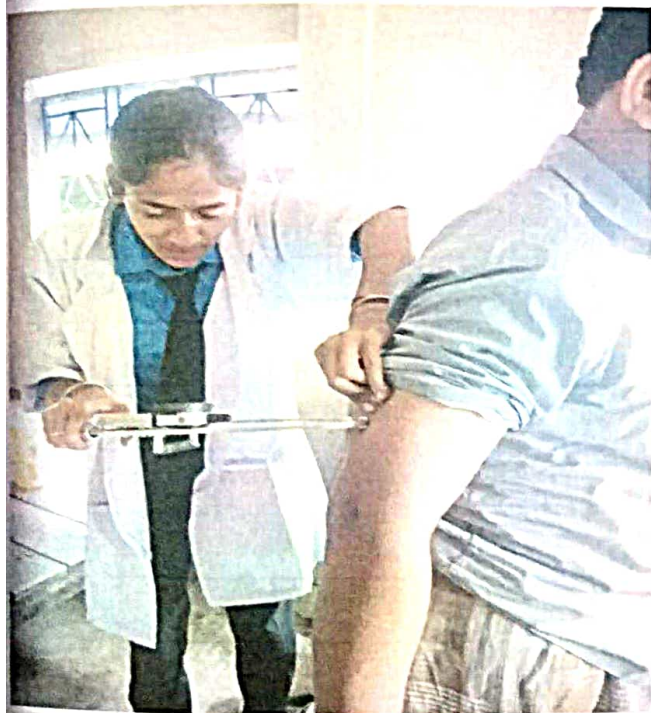


Plate 1: Different between hypertension male and normal male (35-45 years of age).